

Lockport Township High School District 205

Community Wellness Center

**1333 E. 7th Street - Lockport, Illinois 60441
(815)588-8400 - www.lths.org - Fax (815)588-8409**

LTHS Student Memberships

In order to participate in open gyms or use the weight or fitness rooms, each student must purchase an LTHS Student Membership or pay a daily fee and provide a valid 2021-22 school ID. Daily fee users must complete a daily fee waiver prior to each visit and make the daily fee payment of \$2.00. **A current student I.D. card is required for admittance to CWC.**

LTHS student memberships allow the student access to view Intramurals without paying a daily fee of \$2.00. An additional fee will be charged to participants of Intramurals, leagues and tournaments. These additional fees offset the cost of t-shirts, equipment, supervision and additional costs associated with the activity.

LTHS CWC Intramurals provide students with an opportunity to pursue their athletic and recreational interests. Throughout the year, with a student membership or daily fee, students have access to the fitness room, weight room, indoor track, field house and swimming pool at designated times and days.

WEIGHT ROOM & FITNESS ROOM

The weight and fitness rooms are open for use for all LTHS student memberships or those that pay the daily fee. Students are allowed access to the facility on weekdays from

MONDAY-FRIDAY

5:30am – 7:15am

6:00pm – 9:45pm

SATURDAY

12:00pm – 5:00pm

(All rules and regulations related to facility use are to be observed during use.)

OPEN GYM

Individual Hoop Basketball and Badminton allowed on certain evenings.

MONDAY-FRIDAY

6:00pm – 8:00pm (when available)

LAP SWIMMING

The swimming pool is available for LTHS Student Membership or Daily Pass users for Lap Swimming.

MONDAY-FRIDAY

5:30am – 7:15am

8:00pm-9:45pm

(closed at times for LTHS activities)

*For schedule see monthly calendar on website or at CWC front desk.

District 205 LTHS High School

Student Memberships

August 16, 2021 - June 3, 2022

\$27.00

(815)588-8400

IM LEAGUES AND TOURNAMENTS

Students are eligible to register for Intramural Leagues and Tournaments on a first come first served basis during that activity's registration period. Information, rules sheets and roster forms will also be available in the CWC Office at the time of registrations. **Limited activities with Covid-19 Restrictions.**